

RACHEL DONNELLY

Department of Sociology
Vanderbilt University
PMB 351811
Nashville, TN 37235

Email: rachel.donnelly@vanderbilt.edu
Office Phone: (615) 875-5692
Office: 203B Garland Hall

EMPLOYMENT

2019-present Assistant Professor of Sociology, Vanderbilt University

EDUCATION

2019 Ph.D., Sociology, The University of Texas at Austin
Doctoral Minors: Applied Statistical Modeling; Aging and Health
2015 M.A., Sociology, The University of Texas at Austin
2013 B.A., Sociology, The University of Texas at Austin

PEER-REVIEWED PUBLICATIONS

Donnelly, Rachel, Hyungmin Cha, and Debra Umberson. Forthcoming. “Multiple Family Member Deaths and Cardiometabolic Health among Black and White Older Adults.” *Journal of Health and Social Behavior*

Umberson, Debra and **Rachel Donnelly**. Forthcoming. “The Death of a Child and Parents’ Psychological Distress in Mid to Later Life: Racial/Ethnic Differences in Exposure and Vulnerability.” *Journal of Gerontology: Social Sciences*

Donnelly, Rachel. 2022. “Precarious Work in Midlife: Long-term Implications for the Health and Mortality of Women and Men.” *Journal of Health and Social Behavior* 63(1): 142-158.

Donnelly, Rachel. 2021. “Precarious Work and Health: Do Occupation- and State-specific Unemployment Rates Matter for Women and for Men?” *Social Science & Medicine – Population Health* 16: 100967

Donnelly, Rachel and Adam Schoenbachler. 2021. “Part-time Work and Health in the United States: The Role of State Policies.” *Social Science & Medicine – Population Health* 15:100891

Donnelly, Rachel and Mateo P. Farina. 2021. “How Do State Policies Shape Experiences of Household Income Shocks and Mental Health During the COVID-19 Pandemic?” *Social Science & Medicine* 269:113557.

Marteleto, Leticia J., Molly Dondero, Jennifer Van Hook, Luiz C.D. Gama, and **Rachel Donnelly**. 2021. “Intersections of Adolescent Well-being: School, Work, and Weight Status in Brazil.” *Journal of Health and Social Behavior* 62(1):69-84.

- Pollitt, Amanda M., **Rachel Donnelly**, Sara E. Mernitz, and Debra Umberson. 2020. "Differences in How Spouses Influence Each Other's Alcohol Use in Same- and Different-Sex Marriages: A Daily Diary Study." *Social Science & Medicine* 264:113398.
- Umberson, Debra, **Rachel Donnelly**, Minle Xu, Matthew Farina, and Michael A. Garcia. 2020. "Death of a Child Prior to Midlife, Dementia Risk, and Racial Disparities." *Journal of Gerontology: Social Sciences* 75(9):1983-1995
- Donnelly, Rachel**, Debra Umberson, Robert A. Hummer, and Michael A. Garcia. 2020. "Race, Death of a Child, and Mortality Risk among Aging Parents in the United States." *Social Science & Medicine* 249:112853.
- Donnelly, Rachel**, Debra Umberson, and Tetyana Pudrovska. 2020. "Family Member Death, and Subjective Life Expectancy Among Black and White Older Adults." *Journal of Aging and Health* 32(3-4): 143-153.
- Behler, Rachel, **Rachel Donnelly**, and Debra Umberson. 2019. "Psychological Distress Transmission in Same-Sex and Different-Sex Marriages." *Journal of Health & Social Behavior* 60(1):18-35.
- Donnelly, Rachel**, Brandon A. Robinson, and Debra Umberson. 2019. "Can Spouses Buffer the Impact of Discrimination on Depressive Symptoms? An Examination of Same-sex and Different-sex Marriages." *Society and Mental Health* 9(2):192-210.
- Donnelly, Rachel** and Leticia Marteleto. 2018. "Gender, Socioeconomic Status, and Diet Behaviors within Brazilian Families." *Socius* 4:1-11.
- Umberson, Debra, **Rachel Donnelly**, and Amanda Pollitt. 2018. "Marriage, Social Control, and Health Behavior: A Dyadic Analysis of Same-Sex and Different-Sex Couples." *Journal of Health and Social Behavior* 59(3):429-446.
- Holway, Giuseppina Valle, Debra Umberson, and **Rachel Donnelly**. 2018. "Health and Health Behavior Concordance between Spouses in Same-Sex and Different-Sex Marriages." *Social Currents* 5(4): 319-327
- Donnelly, Rachel**, Debra Umberson, and Rhiannon A. Kroeger. 2018. "Childhood Adversity, Daily Stress, and Marital Strain in Same-Sex and Different-Sex Marriages." *Journal of Family Issues* 39(7): 2085-2106.
- Thomeer, Mieke Beth, **Rachel Donnelly**, Corinne Reczek, and Debra Umberson. 2017. "Planning for Future Care and the End of Life: A Qualitative Analysis of Gay, Lesbian, and Heterosexual Couples." *Journal of Health and Social Behavior* 58(4): 473-487.
- Umberson, Debra, Julie Skalamera Olson, Robert Crosnoe, Hui Liu, Tetyana Pudrovska, and **Rachel Donnelly**. 2017. "Death of Family Members as an Overlooked Source of Racial

Disadvantage in the United States.” *Proceedings of the National Academy of Sciences* 114(5):915-920.

Umberson, Debra, Mieke Beth Thomeer, Rhiannon A. Kroeger, Corinne Reczek, and **Rachel Donnelly**. 2017. “Instrumental- and Emotion-Focused Care Work During Physical Health Events: Comparing Gay, Lesbian, and Heterosexual Marriages.” *Journal of Gerontology: Social Sciences* 72(3): 498-509

Umberson, Debra, Mieke Beth Thomeer, Corinne Reczek, and **Rachel Donnelly**. 2016. “Physical Illness in Gay, Lesbian, and Heterosexual Marriages: Gendered Dyadic Experiences.” *Journal of Health and Social Behavior* 57(4): 517-531.

Donnelly, Rachel and Andrew Springer. 2015. “Parental Social Support, Ethnicity, and Energy Balance-Related Behaviors in Ethnically Diverse, Low Income, Urban Elementary Schoolchildren.” *Journal of Nutrition Education and Behavior* 47(1): 10-18.

BOOK CHAPTERS

Donnelly, Rachel, Corinne Reczek, and Debra Umberson. 2019. “What We Know (And Don’t Know) About the Bereavement Experiences of Same-Sex Spouses.” Pp. 109-131 in *LGBTQ Divorce and Relationship Dissolution: Psychological and Legal Perspectives and Implications for Practice*. A.E. Goldberg and A. Romero (Eds). Oxford University Press.

MANUSCRIPTS UNDER REVIEW

Donnelly, Rachel, Rachel Zajdel, and Mateo P. Farina. “Inequality in Household Job Insecurity and Mental Health: Changes During the COVID-19 Pandemic” *Revise & Resubmit*.

Donnelly, Rachel, Michael A. Garcia, Hyungmin Cha, Robert A. Hummer, Debra Umberson. “Exposure to Family Member Deaths Across the Life Course for Hispanic Individuals.” *Revise & Resubmit*.

Donnelly, Rachel, Zhiyong Lin, and Debra Umberson. “Parental Death Across the Life Course, Social Isolation, and Health in Later Life: Racial/ethnic Disadvantage in the U.S.” *Revise & Resubmit*.

Donnelly, Rachel and Adam K. Schoenbachler. “The Mental Health of Essential Workers During the COVID-19 Pandemic: The Role of State-level Policies.” *Under Review*.

Donnelly, Rachel. “Gender, Precarious Work, and Divorce in Mid- to Later-life: A Dyadic Analysis.” *Under Review*.

RESEARCH BRIEFS, OTHER PUBLICATIONS

Donnelly, Rachel. Forthcoming. “All Work is Not Created Equal: The Lasting Health Consequences of Precarious Work.” The Society Pages, Council on Contemporary Families.

Donnelly, Rachel and Mateo P. Farina. April 14, 2021. "State Policies Matter for Mental Health During COVID-19." Public Health Post. <https://www.publichealthpost.org/research/state-policies-matter-for-mental-health-during-covid-19/>

Donnelly, Rachel and Debra Umberson. September 1, 2020. "Loss and Grief Caused by Systemic Racism Can Be Felt Most by the Black Community." OpEd, The Tennessean. <https://www.tennessean.com/story/opinion/2020/09/01/black-community-suffers-most-systemic-racism/5681103002/>

GRANTS AND FELLOWSHIPS

Active

2021-2023 "Inequalities in Mental Health During the COVID-19 Pandemic: The Interplay of Individual Pandemic Stressors and State Sociopolitical Contexts" (Role: PI). National Institutes of Health. R03MH128649. Total costs: \$174,311

Pending

2022-2027 "Race/Ethnicity and Gender-Based Health Disparities During the COVID-19 Pandemic" (Role: Consultant).

Completed

2020 University of Southern California & National Institute on Aging, Science of Alzheimer's Disease & Related Dementias for Social Scientists Program

2018-2019 "Precarious Employment and Health Outcomes" (Role: Co-PI with Umberson). National Science Foundation, Dissertation Research Improvement Grant, 1802628. Total costs: \$11,999.

2018 College of Liberal Arts Summer Fellowship, University of Texas at Austin

2017 U.S. Policy Communication Fellow, Population Reference Bureau

2016, 2017 Travel Grant, National Bureau of Economic Research Cohort Studies Meeting

2015, 2016 NICHD Ruth L. Kirschstein National Research Service Award; Predoctoral Research Traineeship, Population Research Center, University of Texas at Austin

HONORS & AWARDS

2018 Norval Glenn Paper Award Honorable Mention, University of Texas at Austin

2017, 2018 Sociology Excellence Award, University of Texas at Austin

2016 Distinction on Comprehensive Exams in Demography, UT Austin

PRESENTATIONS

Invited Presentations

“Racial Inequality in Life Course Exposure to the Death of Family Members: Consequences for Health and Well-being” University of Texas at Austin, Summit on Race and the Unequal Burden of Bereavement. May 2022

“Mental Health During the COVID-19 Pandemic: The Interplay of Individual Stressors and State Sociopolitical Contexts.” Department of Psychiatry, Vanderbilt University. February 2022.

Selected Conference Presentations

Donnelly, Rachel and Adam K. Schoenbachler. “The Mental Health of Essential Workers During the COVID-19 Pandemic: The Role of State-level Policies.” To be presented at the annual conference of the American Sociological Association. Los Angeles, CA. August 2022.

Donnelly, Rachel. “Gender, Precarious Work, and Divorce in Mid- to Later-life: A Dyadic Analysis.” Presented at the annual conference of the Population Association of America. Atlanta, GA. April 2022.

Donnelly, Rachel. “Life Course Bereavement and Health Outcomes for Aging Adults.” Presented at the Interdisciplinary Association for Public Health Science conference. Online. October 2021.

Donnelly, Rachel, Rachel Zajdel, and Mateo P. Farina. “Inequality in Household Income Shocks During the COVID-19 Pandemic: Consequences for Mental Health.” Presented at the annual conference of the American Sociological Association. Online. August 2021.

Donnelly, Rachel and Mateo P. Farina. “How Do State Policies Shape Experiences of Household Job Loss and Mental Health During the COVID-19 Pandemic?” Presented at the annual conference of the Population Association of America. Online. May 2021.

Donnelly, Rachel and Debra Umberson. “Family Member Death, Social Isolation, and Cardiometabolic Health: Racial Disadvantage in the U.S.” Presented at the annual conference of the Population Association of America. Online. May 2021.

Donnelly, Rachel. “Precarious Work, Marital Quality, and Divorce: A Gendered Dyadic Analysis of Aging Couples.” Presented at the Gerontological Society of American annual meeting. Online. November 2020

Donnelly, Rachel. “Precarious Work in Midlife and Later-life Health and Mortality.” Presented at the annual conference of the American Sociological Association. Online. August 2020.

Donnelly, Rachel and Debra Umberson. “Family Member Death, Social Isolation, and Cardiometabolic Health: Racial Disadvantage in the U.S.” Presented at the annual conference of the Population Association of America. Washington, D.C., April 2020. (Conference canceled)

Donnelly, Rachel. “Family Member Loss and Health Trajectories among Black and White Older Adults.” Presented at the annual conference of the Population Association of America. Washington, D.C., April 2020. (Conference canceled)

Donnelly, Rachel. Debra Umberson, Robert A. Hummer, and Michael A. Garcia. “Death of a Child and Mortality Risk Over the Life Course: Racial Disadvantage in the U.S.” Presented at the Gerontological Society of America annual meeting. Austin, TX. November 2019.

Donnelly, Rachel. “Family Member Loss as a Cumulative Burden for Health among Black and White Older Adults.” Presented at the Gerontological Society of America annual meeting. Austin, TX. November 2019.

Donnelly, Rachel. “Precarious Employment and Pain in Midlife.” Presented at the annual conference of the American Sociological Association. New York, NY, August 2019.

Donnelly, Rachel. “How Precarious Employment in Midlife Shapes Health.” Presented at the annual conference of the American Sociological Association. Philadelphia, PA, August 2018.

Donnelly, Rachel. “Precarious Employment Contributes to Poor Health Among Midlife Workers in the U.S.” Presented at the International Conference on Social Stress Research. Athens, Greece, June 2018.

Donnelly, Rachel. “Poor Health Among Midlife Adults: The Role of Precarious Employment.” Presented at the annual conference of the Population Association of America. Denver, CO, April 2018.

Donnelly, Rachel, Brandon Robinson, and Debra Umberson. “Can Spouses Buffer the Impact of Discrimination on Depressive Symptoms? A Comparison of Same-sex and Different-sex Marriages.” Presented at the annual conference of the Population Association of America. Denver, CO, April 2018.

Behler, Rachel, **Rachel Donnelly,** and Debra Umberson. “Psychological Distress Contagion in Same-Sex and Different-Sex Marriages.” Presented at the annual conference of the American Sociological Association. Montreal, Canada, August 2017.

Donnelly, Rachel, Debra Umberson, and Tetyana Pudrovska. “Race Differences in Family Death Exposures and Subjective Life Expectancy.” Presented at the annual conference of the Population Association of America. Chicago, IL, April 2017.

Umberson, Debra, Corinne Reczek, Rhiannon Kroeger, **Rachel Donnelly,** and Brandon Robinson. “Stress and the Provision of Social Support in Gay, Lesbian, and Heterosexual Marriages.” Presented at the International Sociological Association. Vienna, Austria, July 2016.

Donnelly, Rachel and Debra Umberson. "Life Course Stressors and Marital Strain in Same-Sex and Different-Sex Marriages." Presented at the annual conference of the Population Association of America. Washington, D.C., April 2016

Donnelly, Rachel and Leticia Marteleto. "Intergenerational Transmission of Dietary Patterns within Families: A Gender Perspective." Presented at the annual conference of the Population Association of America. Washington, D.C., March 2016

Donnelly, Rachel and Debra Umberson. "Childhood Adversity, Daily Stress, and Marital Strain in Same-Sex and Different-Sex Marriages." Presented at the Council on Contemporary Families Conference Flash Session. Austin, TX, March 2016.

Donnelly, Rachel. "Intergenerational Changes and Health: The Effect of Downward Educational Mobility." Presented at the American Sociological Association Annual Meeting. Chicago, IL, August 2015.

Donnelly, Rachel. "Are the Health Returns to Education Changing? An Examination of Education and Self-Rated Health in 1972 and 2011." Presented at the annual conference of the Population Association of America. San Diego, CA, April 2015.

TEACHING EXPERIENCE

Courses Taught

Health and Society, Vanderbilt University (2019, 2020, 2021, 2022)
Race, Gender, and Health, Vanderbilt University (2021, 2022)

PROFESSIONAL SERVICE

2022-2025	Editorial Board Member, <i>Journal of Health and Social Behavior</i>
2021-2022	Guest Editor for Special Issue, <i>Work and Occupations</i>
2020	Session Organizer, Population Association of America, "Sexual- and Gender-Minority Families"
2019	Session Discussant, American Sociological Association, "LGBTQ Health and Medical Issues"
2019	Session Presider, Population Association of America, "Race, Ethnicity, and the Demography of Mental Health"
2018	Session Discussant, Population Association of America, "Same-Sex Unions & Family Life"
2017	Session Presider, American Sociological Association, "Mortality and Morbidity"
2017	Session Presider, Population Association of America, "Sexual Identity, Health Behavior, and Well-being"
2015	Graduate Student Mentor, Research Experience for Undergraduates (REU) at The University of Texas at Austin.

AD-HOC REVIEWER

American Sociological Review
Work & Occupations

Journal of Gerontology: Social Sciences
Journal of Health and Social Behavior

Society and Mental Health
Social Science & Medicine
Journal of Marriage and Family

Journal of Social and Personal
Relationships

PROFESSIONAL MEMBERSHIPS

American Sociological Association
 Sections: Aging and the Life Course; Family; Medical Sociology
Population Association of America
Gerontological Society of America
Interdisciplinary Association for Public Health Science